





### CHOCOLATE with ANARANTH

#### **SUPERFOOD FROM THE ANDES**

#### **VASFOOD – ECUADOR**

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## CHOCOLATE & & AMARANTH

Chocolate bars containing 65% pure cacao with amaranth. A complete natural product.

A perfect combination of healthy nutrients.



#### Benefits

- Controls cholesterol levels
- Strengthens immune system
- Helps with digestion
- Purifies blood

# CHOCOLATE with AMARANTH

#### **SUPERFOOD FROM THE ANDES**

Amaranth is a cereal rich in fiber and protein, as well as many important micronutrients.

Our cacao is cultivated in the Province of Los Rios, Ecuador. Its fine aroma comes from the vegetation and fruits of the area.





### AWARANTH

**SUPERFOOD FROM THE ANDES** 

2.6<sub>G</sub>

**FIBER** 

## Amaranth

✓ Cholesterol-Free
 ✓ Low-Fat

✓ Gluten-Free ✓ Low-Sodium

Considered a more complete protein than other grains because of its high amounts of essential amino acids

CALORIES 1.9<sub>G</sub> FAT 23<sub>G</sub> CARBS

(per 1/2 cup, cooked)

125.5

4.7<sub>G</sub>

**PROTEIN** 



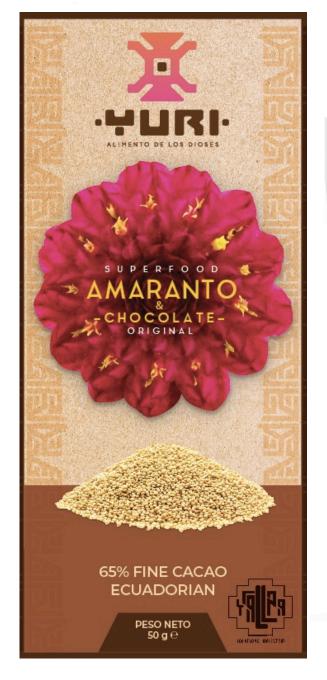
#### **AMARANTH**

A cereal considered to be a superfood, rich in vitamins A, B, C, B1, B2, B3, B5, calcium, iron, potassium, phosphorus, sodium, zinc, lysine, and proteins. It is also gluten-free.



#### **AMARANTH**

Most amaranth in American food products start as a ground flour, blended with wheat or other flours to create cereals, crackers, cookies, bread or other baked products.









#### **IMPORTED AND DISTRIBUTED BY:**

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