



IWASAI

AÇAI IN ROASTED AND GROUNDED BEANS

A Ç A Í C O F F E E



Dietary Supplement for

DIABETICS



250 Gr

® TRADEMARK

RICH IN TANNINS AND FIBERS

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CNPJ: 23.069.164/0001-70



NUTRITIONAL FACTS FOR ROASTED AND GROUND AÇAÍ SEED

Average Values - pH 5.23

Total Nitrogen Matter (%) 10.05

Sucrose (%) 0.05

(MG//Kg fruits) 440

Ca(Calcium) (g/Kg. DM) 3.09

Mg(Magnesium) (g/Kg. MS) 1.78

Na(Sodium) (g/Kg. DM) 0.76

Cd(Cadmium) (g/Kg. MS) 0.46

Fe(Iron) (g/Kg. DM) 20.59

Cu(Copper) (g/Kg. MS) 13.76

Cr(Chromium) (g/Kg. MS) 5.31

Vitamin B1 (mg/100.MS) 0.67

Vitamin B3 (mg/100.MS) 0.7

Vitamins A, E, D, K, B1, B2

Grease Matter (%) 52.64

Glucose (%) 1.55 - Fructose (%) 1.36

Fiber (%) 25.22

Total Ash (%) 3.09

P(Phosphorus) (g/Kg. DM) 1.47

K(Potassium) (g/Kg. MS) 9.90

(Zinc) (g/Kg. DM) 17.30

B(Boron) (g/Kg. MS) 15.84

Mn(Manganese) (g/Kg. DM) 323

Ni(Nickel) (g/Kg. MS) 2.03

Vitamin C (mg/100.MS) 17

Vitamin B2 (mg/100.MS) 0.02

α-Topherol 45

It does not contain gluten or caffeine. It is rich in fiber and essential oils.

MAIN BENEFITS OF THE TOASTED AND GROUNDED AÇAÍ SEED

1 – IT IS RICH IN NUTRIENTS - Contains vitamins A, D, E, and K, essential for the body.

2 – REGULATE THE INTESTINE - Because it contains a lot of fiber.

3 – DOES NOT HAVE CAFFEINE

4 - GLUCOSE - Controls Glucose levels.

5 - PROFIT FOR THE ENVIRONMENT - For being removed from the environment.

6 – METHOD OF PREPARATION – Put 600ml of water to boil. Then, add four (4) dessert spoons or the plastic measure of powder in a paper/cloth strainer, and pour the boiling water over it. Take during the day after meals and before going to bed. Even better is to consume it **without sugar**.

NOTE: Some Universities, in recent searches, that the extract made from the acai seed is effective in combating hypertension, high cholesterol and insulin resistance. The compound may also help in the treatment of pulmonary emphysema. According to the research, the tannins present in the CHA of the roasted açaí seed powder, decrease the activity of alpha amylase, the enzyme responsible for the digestion of carbohydrates, that is, it causes the sugar to be digested more slowly, not increasing the glycemic indexes. in the blood and thus helping to control diabetes. Also because it does not contain caffeine, it is an excellent option to consume at night, as it does not impair the quality of sleep in addition to the quantity and quality of polyphenols or flavonoids, substances with excellent action against free radicals and present in this part of the fruit. Has a cellular effect, as it activates a glucose transporter, glut 4, which in diabetic humans or those with metabolic syndrome, does not adequately transport sugar into the cells. Also because it does not have caffeine, it is an excellent option to consume at night, as it does not impair the quality of sleep.